APPLICATION INSTRUCTIONS

Before applying the brace, please read these instructions completely and carefully. Correct application is vital to the proper functioning of the brace.

INDICATIONS ● Management of edema and fracture healing ● Acute ankle sprains ● Soft tissue injuries of the lower leg ● Stress fractures of the lower leg

- Stable fractures of the foot and ankle Stable delayed union or non-union fractures of the distal tibia and fibula Achilles tendon repairs
 - Bunionectomies Metatarsal fractures Forefoot, midfoot and hindfoot injuries

CONTRAINDICATIONS Application of this device is recommended only when the fracture is demonstrably stable and there are acceptable limits of angular and rotational deformity. The determination of when to apply the brace rests strictly at the discretion of the treating physician.

This product was designed to complement the variety of medical treatments common to the above afflictions.

The frequency and duration of use should be determined by your prescribing healthcare professional. Inflate and deflate bladder once before use to ensure integrity of air chambers.

For first time application, loosen straps and remove liner from boot.

Place foot in liner and secure with contact closure. Make sure the heel fits snugly into the posterior portion of the liner. Fasten the foot flaps on the liner first, making sure they are snug. Wrap and fasten the leg portion of the liner, again making sure that it is snug from bottom to top.



Spread the uprights using both hands and step into boot, aligning uprights with midline of the ankle.



Secure boot straps, starting at the foot and working up the

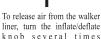
To inflate air liner, turn the inflate/deflate knob clockwise and press and release the air bulb several times until liner is providing comfortable cushion and sup-

DO NOT OVER INFLATE



Caution: If liner feels too tight while wearing product, deflate the liner by turning inflation/deflation knob counter clockwise, Consult vour medical professional





counter-clockwise: When re-

inflating, turn knob clockwise until snug. Release air if liner

immediately.



feels too tight.

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A

For first time applications, loosen straps and remove liner and ankle cuff from boot. Place foot in liner. Make sure the heel fits snugly into the posterior portion of the liner. Fasten the foot flaps on the liner first. making sure they are snug. Wrap and fasten the leg portion of the liner, again making sure that it is snug from bottom to top. Some trimming of the liner may be necessary to accomplish optimum fit.



B

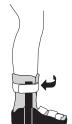
Spread the uprights using both hands and step into boot, aligning uprights with midline of the ankle.

Note: If uprights have plastic tube liner, remove them now to affix upright.



C

Secure boot straps, starting at the foot and working up the leg.



D

To inflate air liner, turn the inflate/deflate knob clockwise and press and release the air bulb several times until liner is providing comfortable cushion and support.

DO NOT OVER INFLATE



Ε

To release air from the walker liner, turn the inflate/deflate knobseveral times counter-clockwise: When reinflating, turn knob clockwise until snug. Release air if liner feels too tight.

Caution: If liner feels too tight while wearing product, deflate the liner by turning inflation/deflation knob counter clockwise, Consult your medical professional immediately.

